

Oakengates Nursery School



Newsletter

Spring Term: Week 10

Dear Parents,

We're thrilled to share some exciting updates from nursery this week!

We've been blessed with brilliant weather, setting the perfect backdrop for our new topic, 'Let's Pretend to be Scientists.' Our young explorers are diving into the fascinating world of growth, and we're using the traditional story of "Jack and the Beanstalk" as inspiration.

The children have been enthusiastically planting seeds and can't wait to see what happens, sparking curiosity and wonder about the natural world.

We have also celebrated St. Patrick's Day with dancing and making hats and embraced the spirit of giving back by participating in Comic Relief.

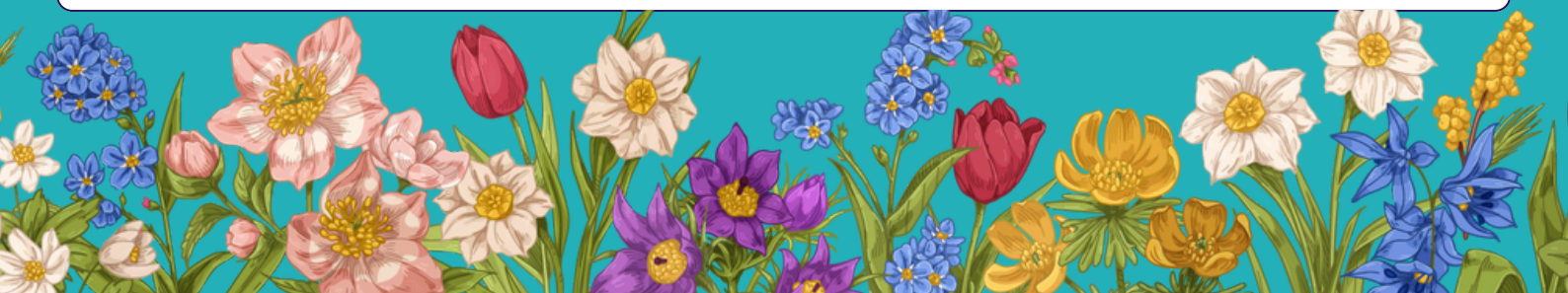
It's been a week full of learning, imagination, and joy!

Wishing you all a restful weekend,

Kind Regards,

Hannah Firmstone

Early Years Lead & SENCo



NEW NURSERY MENU

Exciting news!
 After Easter there will be a new menu for lunch and high tea.

Week 1

Monday Pork Sausage <i>Farm Assured Pork Sausage served with a Rich and Tasty Gravy</i> Vegetarian Sausage Roll V Creamed Potato, Carrots, Garden Peas, Seasonal Salad Selection, Bread Fruit Flapjack TEA Filled Pitta and Fresh Fruit	Wednesday Traditional Roast of the Day <i>Farm Assured Sliced Meat served with Rich and Tasty Gravy</i> Shepherdess Pie <i>Seasonal Vegetables and Mixed Beans in a Chef's Sauce and topped with a Savoury Crumb</i> V Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread Crispy Cornflake Tart and Custard TEA Cheese and Crackers and Fruit Yoghurt
Tuesday Cheese and Ham Pasta Bake <i>Farm Assured Ham and Pasta in a Chef's Creamy Cheese Sauce</i> Macaroni Cheese <i>Macaroni Pasta in a Chef's Creamy Cheese Sauce</i> V Garlic Bread, Sweetcorn, Mixed Vegetables, Seasonal Salad Selection, Bread Fruit Muffins TEA Sandwich Selection and Jelly	Thursday Chicken Goujons <i>Farm Assured Chicken coated in Breadcrumbs and served with BBQ Sauce</i> Vegetarian Stuffed Jacket Potato V Brown Rice, Green Beans, Cauliflower, Seasonal Salad Selection, Bread Handmade Biscuit Selection TEA Tomato Pasta Salad and Cookie
Friday Battered Fish <i>White fillet of fish coated in a light batter or Jumbo Fish Finger White fillet of fish coated in breadcrumbs</i> Cheese and Potato Pie <i>Creamed Potato and Grated Cheese in a Shortcrust Pastry Flan and topped with Tomato</i> V Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread Mousse TEA Handmade Bread with Fruit Preserve and Fresh Fruit	

Week 2

Monday Meatballs <i>Farm Assured Meatballs in a Chef's Tomato Sauce</i> Quorn Balls <i>served with a Sauce</i> V Pasta, Carrots, Broccoli, Seasonal Salad Selection, Bread Fruit Sponge and Custard TEA Filled Pitta and Fresh Fruit	Thursday Big Breakfast <i>Farm Assured Sausage, Bacon, Free Range Scrambled Egg</i> Vegetarian Sausage, Free Range Scrambled Egg V Potato Waffles, Baked Beans, Tomatoes, Seasonal Salad Selection, Bread Fruit Jelly TEA Tomato Pasta Salad and Cookie
Tuesday Ham and Pineapple Pizza Cheese and Tomato Pizza V Potato Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread Chocolate Brownie TEA Sandwich Selection and Jelly	 The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.
Wednesday Traditional Roast of the Day <i>Farm Assured Sliced Meat served with Rich and Tasty Gravy</i> Quorn Fillet <i>served with a Rich and Tasty Gravy</i> V Roast Potatoes, Creamed Potato, Cauliflower, Carrots, Seasonal Salad Selection, Bread Vanilla Ice Cream TEA Cheese and Crackers and Fruit Yoghurt	Friday Battered Fish <i>White fillet of fish coated in a light batter or Fishcake</i> Cheese Puffs <i>Creamed Potato and Cheese encased in Puff Pastry</i> V Chips, Couscous, Peas, Sweetcorn, Seasonal Salad Selection, Bread Golden Shortbread TEA Handmade Bread with Fruit Preserve and Fresh Fruit

FUN FOOD FACT
 Potatoes were the first vegetable to be grown in space.

FUN FOOD FACT
 A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

Items subject to availability.

Oakengates Children's Centre



PARKING AT NURSERY



When picking up your child from nursery, we kindly ask you to be mindful of our neighbors.

Parking can sometimes be a challenge, but if there are spaces on our car park please do use them, rather than parking on the road. If our car park is full, please consider using the public car park on Bridge Street.

It provides a convenient option, with a short path leading directly to the nursery.

Your co-operation in this matter helps us maintain good relations with the community and ensures safety for everyone. Thank you for your understanding and support.





KEY DATES



Date	Event
Sunday 30th March	Mothers Day
Monday 31st March - Friday 11th April	Stay and Play
Tuesday 1st April	Incredible Eggs delivering duckling eggs 
Friday 11th April	Easter Bonnet Parade and Last day of term
Sunday 20th April	Easter 



SOCIAL MEDIA

Click on the image to access our facebook page



Your Child's Learning

Don't forget to check out our website to find out about all the exciting things the children have been learning about this week:



Admin Office Opening Hours

The office operates from Monday to Thursday, with opening hours from 7:30 AM to 3:45 PM.

On Fridays, the office closes earlier, at 1:00 PM.

Should you need assistance or have any inquiries outside of these hours, you can call the out-of-hours phone on **07340 751171**.

This ensures that support or urgent matters can be attended to even when the office is closed.





EARLY HELP



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough



Telford and Wrekin
FAMILY HUBS

“We only argue
when the kids
are in bed”



Are you worried about how much you argue with your partner/ex?

You don't need to weather the storm alone.

To find out more about the support Telford & Wrekin Council
can offer you please visit our website

www.telford.gov.uk/familyhubs



SCAN ME



EARLY HELP



Final reminder to working parents: Apply for your childcare code to use the support from April



In the beautiful chaos of parenthood, balance is everything. Childcare Choices is here to help you find the support that fits your family, giving your child a great start and you the choices you need.

If you're an eligible working parent in England, you can [apply for your code online on GOV.UK](#) for:

- Up to **15 hours childcare** per week for your child between 9 months until they turn 3 years old, over 38 weeks of the year.
- Up to **30 hours childcare** per week for your 3 or 4 year old, over 38 weeks of the year.

The deadline to apply for a code is 31 March to use the support from April. You will then need to reconfirm your code every 3 months on your GOV.UK account.

Make sure you apply as early as possible and speak to your provider to find out more about their arrangements.

**Click here to apply for 15 or 30 hours childcare
for working families**



EARLY HELP



**Check out the Better Health,
Healthier families website!**



This useful website has food facts, recipes, activities and information of children's weight.

[HTTPS://WWW.NHS.UK/HEALTHIER-FAMILIES/](https://www.nhs.uk/healthier-families/)

**Shropshire and Telford and Wrekin
Dental Advice Line**

Do you have an urgent dental problem or need dental advice?

Are you looking for an NHS dentist for routine care?

Monday to Friday
0800-2100

01743 237916

Shropshire Community Health **NHS**

**Telford Public Health Nursing
Service**
Healthy you, Healthy Future

Telephone Number
0333 358 3328

Text 07520 619 053

School nurse 07520 619 051

Follow on twitter

@ShropPHNurse

Open 9am-4.30pm

excluding bank holidays



Parents Opening Doors
'Together we can make a difference'
<https://www.podstelford.org/>



Right help at the right time

Did you know that 'The Oak Family Hub' is located at The Wakes and offers free help and support to residents who are navigating their way through parenting?





learn telford
adult learning starts here



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UK Government



INTRODUCTION TO CHILD BEHAVIOUR

This is a **FREE** introductory course to support adults in understanding why children behave the way they do and develop strategies to manage behaviour.

Eligibility: Adults aged 19+

Start Date: Wednesday 12th March 2025
End Date: Wednesday 9th April 2025
Start time: 9:30 - 11:45am
Duration: 5 weeks
Location: The Wakes, Theatre Square,
Oakengates, TF2 6EP



To **register** your interest,
please text/call **07866 619328**
or visit www.learntelford.ac.uk



Telford & Wrekin
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to create a better borough



Are you or your partner expecting a baby or have a child under two?

**You can access support, information and
guidance from our team !**

We can help with a wide range of topics such as:

- **Finances**
- **Childcare**
- **Emotional Wellbeing**
- **Mental Health**
- **Activities and Support**
- **Social Isolation**
- **Relationships**
- **Confidence building**

**For more information from the Social Prescribing Team
please call 07434 869248
or email perinatal@telford-mind.co.uk**