increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

We're working with our schools to

Eggs - we only use Free Range eggs Cheese - produced in Nantwich, which are supplied by Clun Farm Cheshire. Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

and free from artificial colourings and flavourings.

Fresh Fruit, Salads and Vegetables selected by Rowlands in Shrewsbury.

The Welsh Sausage company based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy,

made from wholesome Welsh milk

in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor

sourced in the UK.

Dried, frozen and chilled goods sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU

to our suppliers for their continued

support and helping us with

Quorn

Knor

Loungs

LLAETH Y LLAN

our special event days

FAIRTRADE

• Rainforest Alliance

HELLMANN'S

CLUN FARM EGGS

Free

Range

our ingredients Where our food comes from

Swond uou bid 5 CON 100UD5 00

also be entitled after Year 2! Reception, Year 1 and Year 2. Your child may School Meals are FREE to all children in

education as this may be extended, but no decision has yet been made). 31 March 2025. (This is currently being reviewed by department for they finish the phase of schooling (primary or secondary) they're in on If your child is eligible for free school meals, they'll remain eligible until

you can register your child for FSM if you receive any of these benefits: Free School Meals (FSM) also provides extra funding to your school,

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, provided they are not entitled to Working Tax Credit The 'Guarantee' element of State Pension Credit
- Customs) that does not exceed £16,190 and have an annual income (as assessed by HM Revenue and
- a further four weeks after they stop qualifying for Working Tax Credit Working Tax Credit 'run-on' – the payment someone may receive for
- a year (after tax and not including any benefits you get) Universal Credit – your household income must be less that £7,400

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.guiya Oven Bake in preference to Frying.

Protect, care and invest

to create a better borough

- .lsutlus or lssibem, etnemeriuper visition of the second and a Vegan option where possible. We We offer a Vegetarian option as No elim
- traceability of our Food. Iluî əruznə zısilqquz ruo îo IlA 🛛 🚼

through the Eatwell Project. are developed with children 🚬 🛛 Some of our menu choices



Telford & Wrekin

Co-operative Council

www.telford.gov.uk/freeschoolmeals

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8 DEC

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24 NOV

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- Government Food Standards. our kitchens daily and comply with the All our meals are freshly prepared in
- Fresh Fruit daily. bus bsls2 , 29 ldst9 get of Vegetables, Salad and
- symbol. Contact your school office for more info. to a hot meal, look out for the Sandwich Bar a healthy sandwich choice as an alternative At our schools with a Sandwich Bar, we offer
- supporting the national obesity strategy. ,tsA bus rsgu2 ni wol этs zəqiəər ruO 📕
- .noitsreneg vehicle fuel or for power and energy asu rot leutoid otni beseesorq bas beretiñ , We recycle our Rapeseed Oil. It is cleaned,



Monday

Pork Sausage Farm Assured Pork Sausage served with a Rich and Tasty Gravy

Vegetarian Sausage Roll V

Creamed Potato, Carrots, Garden Peas, Seasonal Salad Selection, Bread

Fruit Flapjack

Vegetarian Vegan Halal

Tuesday

Cheese and Ham Pasta Bake *Farm Assured Ham and Pasta in a Chef's Creamy Cheese Sauce*

Macaroni Cheese Macaroni Pasta in a Chef's Creamy Cheese Sauce V

Garlic Bread, Sweetcorn, Mixed Vegetables, Seasonal Salad Selection, Bread

Fruit Muffins



Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Shepherdess Pie Seasonal Vegetables and Mixed Beans in a Chef's Sauce and topped with a Savoury Crumb ♥

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Crispy Cornflake Tart and Custard

Thursday

Chicken Goujons Farm Assured Chicken coated in Breadcrumbs and served with BBQ Sauce

Vegetarian Stuffed Jacket Potato V

Brown Rice, Green Beans, Cauliflower, Seasonal Salad Selection, Bread

Handmade Biscuit Selection

Friday

Battered Fish White fillet of fish coated in a light batter or Jumbo Fish Finger White fillet of fish coated in breadcrumbs

Cheese and Potato Pie Creamed Potato and Grated Cheese in a Short crust Pastry Flan and topped with Tomato V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread Mousse

Monday

Meatballs Farm Assured Meatballs in a Chef's Tomato Sauce

Quorn Balls served with a Sauce V

Pasta, Carrots, Broccoli, Seasonal Salad Selection, Bread

Fruit Sponge and Custard

 \bigcirc

Tuesday

Ham and Pineapple Pizza

Cheese and Tomato Pizza V

Potato Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Chocolate Brownie

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Quorn Fillet served with a Rich and Tasty Gravy

Roast Potatoes, Creamed Potato, Cauliflower, Carrots, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Y



A POMEGRANAT CAN HOLD UP TO 1400 SEEDS.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

eek Thursday Big Breakfast Farm Assured Sausage, Bacon, Free Range Scrambled Egg Vegetarian Sausage, Free Range Scrambled Egg V Potato Waffles, Baked Beans, Tomatoes, Seasonal Salad Selection, Bread Fruit Jelly eatwell The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children. Friday Battered Fish White fillet of fish coated in a light batter or Fishcake Cheese Puffs Creamed Potato and Cheese encased in Puff Pastry V Chips, Couscous, Peas, Sweetcorn, Seasonal 🗾 Salad Selection, Bread Golden Shortbread A POMEGRANATE



Wrockwardine Wood Infants

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