



NEWSLETTER

Website: [Home | Wrockwardine Wood Infant School & Nursery](#)

Telephone: 01952 387860

Email: A2116@taw.org.uk



Best Attendance



Chicks 1	94.35
Chicks 2	93.64
Wrens	97.93
Robins	94.29
Swifts	97.93
Swallows	97.93

This week's attendance cup winners are:

Wrens and Swallows!

Well done and thank you parents



Let's celebrate!

Here are the amazing children who have gone the 'extra mile' this week to meet our school expectations.

Our expectations are:

- 1) **We are kind to one another**
- 2) **We work hard together**
- 3) **We are honest with each other**

To celebrate their achievements the children have had the opportunity to wear one of our special T shirts for the day. This is what each T shirt says:

- 1) **It's cool to be kind**
- 2) **I worked wonders**
- 3) **I did the right thing**

We are so proud of the children we hope you are too!



Music Share scheme in conjunction with Telford & Wrekin Music are hosting

Telford Sings

Friday 15 March 2024 6-7pm
at Charlton School Theatre, Apley Avenue,
Wellington, Telford

**Tickets available from 9am on
Monday 12 February
£3 per person**

<https://www.telfordtheatre.com/whats-on/music/>

Comic Relief—Red Nose Day

Comic Relief supports incredible projects and organisations that are making a difference for people across the UK and around the world. **Friday 15 March** is a non uniform day wearing something red is optional please give a small donation towards this worthwhile cause.



SEND

Do you have a child or young person who has a disability or additional need? Follow the link for advice and support



[Home - PODS \(podstelford.org\)](http://podstelford.org)

PODS aims to:

- provide emotional, practical and social support.
- help reduce isolation and increase well-being.
- provide an opportunity to participate in joint decision making on services.
- provide information to help increase knowledge of the SEND reforms and legislation.
- improve and influence those services affecting these families.

Phone number: 01952 458047 **Email:**
support@podstelford.org

Address: PODS Hub, 1 Hawksworth Road, Central Park, Telford, TF2 9TU

30 hours free childcare funding for 3-4 year olds

Click on the following link to check whether you're eligible

<https://www.gov.uk/30-hours-free-childcare>

Are you already claiming your 30 hours free childcare funding?

Don't forget to confirm your details are up to date every 3 months.

<https://www.gov.uk/sign-in-childcare-account>

The deadline for confirming your funding code for the Summer Term is **31 March 2024**. If you miss this deadline you may lose your funded childcare.



Get set... we're taking part in Big Walk and Wheel 2024 the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from **11-22 March**. It's free and we would love everyone to be involved.

What do you need to do?

Encourage your child to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event. We'll be competing against other schools in Telford & Wrekin and right across the UK and if we clock up the most bike and scooter journeys we'll win!

Why we are taking part

Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate. Plus there are some great prizes to be won every day if we get enough children taking part.

Useful resources

To help you prepare, follow the link for a handy free guide to walking, cycling or scooting to school. It is packed with advice to help you..

www.bigwalkandwheel.org.uk

Enjoy the challenge!

Our Learning this week

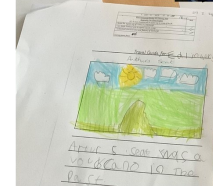
Reception

In Reception, it has been very 'egg-citing' this week as we have been observing changes over time with our duck eggs. We watched them in the incubator to start with and then they hatched out. We are going to continue observing them and helping to take care of them now they are out of the Incubator.



Year 1

This week in Year 1 the children have been learning about the capital city of Scotland. We have visited different geographical features of Edinburgh in our classrooms such as Edinburgh Castle, Edinburgh Zoo, Arthur's Seat, the Scottish Parliament building and the Fourth Rail Bridge.



Year 2

We enjoyed dressing up as characters and reading our favourite stories

as part of world book day. We took part in a book hunt around school too!



The Nest

The duckling eggs have arrived! We had 5 duckling eggs delivered in the incubator. 4 eggs have now hatched and they have been transferred to their new cage home. It has been so exciting and we are learning lots and lots about our new friends - the ducklings and how to look after them.



Important Reminders

To report your child's absence call the school office on 01952 387860 before 8:40am. Should you require to collect your child early from school for an appointment could you please bring an appointment card or letter into the school office.



In order to keep your child safe if we have not been notified in advance of any change in collection arrangements we will not allow your child to leave without contacting you first.



When dropping off and collecting children we ask parents to park with consideration for local residents, other road users and most importantly for children's safety. We ask parents not to access the school car park when collecting or dropping off children at anytime. Parking is available at Oakengates Leisure Centre.



Children should must not use the adventure playground before or after school. Parents are responsible for children's safety before and After school.



A reminder that adults and children must dismount from all wheeled vehicles at the school gate, so that everyone remains safe. Scooters and bikes can be left in the racks provided.

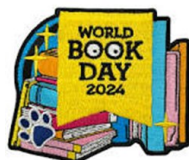


Dates for your diary

Date	Event
10 March	Mothering Sunday
11 –15 March	Parent Teacher Consultations– don't forget to book an appointment.
11-15 March	British Science Week Theme: Time
11-15 March	Big Walk and Wheel Week
14 March	KS1 Football Festival
15 March	Comic Relief– non uniform day
15 March	Telford Sings at Charlton School
17 March	St Patrick's Day
18 –21 March	Stay and Play Sessions in The Nest (nursery) for parents
22 March	Easter Bonnet Parade– Easter eggs for the winners
25 March –5 April	Easter Holidays
8 April	Professional Development Day (only teachers in school today)
9 April	Start of the summer term for the children.
12 April	Year Reception visit to Dudley Zoo
16 April	Year 2 visit to Chester Zoo

World Book Day Thursday 7 March 2024

'Changing lives through a love of books and reading.'



World Book Day is an annual celebration of authors, illustrators, books and the joy of reading.

We are asking all children to come to school on **Thursday 7 March** dressed as their favourite book character. Click [here](#) to get inspired with tips, ideas, alternatives, and low-cost costume resources.



No Dogs Allowed on school premises

We recognise that dogs are an important part of family life for many, however others may find their presence stressful or frightening.

For these reasons, our school policy is that No dogs (apart from guide or registered assistant dogs) are allowed on the school playground either on a lead or carried.

10 WAYS GAMING CAN SUPPORT POSITIVE OUTCOMES in Children and Young People

Gaming, of course, is phenomenally popular with children and young people. In 2021, for instance, more than three-quarters of teenagers played online games, with almost 70% of primary school aged children doing likewise. If enjoyed in moderation and supported by a healthy routine (staying hydrated, good sleep habits, taking breaks and so on), gaming can actually benefit a person's mental health. As long as we stay alert for potential risks, games can be much more than what we see on the surface: they can be a way to socialise, an avenue for creativity and a route to solving problems. Check out our top ten tips on how gaming online can sometimes work to your child's advantage ...

THE FEEL-GOOD FACTOR

Gaming is so popular because at the base level, it's enjoyable for the player. Succeeding in any game or contest releases dopamine in our brains: the 'feel-good' chemical that makes us happy or excited. These activities can be incredibly beneficial for mental wellbeing – as long as young players don't become reliant solely on playing video games to make themselves feel happy.

ACHIEVEMENT & PRIDE

A sense of achievement is incredibly important to all of us and can be particularly valuable to someone who's feeling unhappy or distressed. It's easy to get caught up in our thoughts, which can sometimes take a negative turn. So even achieving something small – like finishing a difficult level in a Mario or Sonic game – can feel like conquering Everest and give us renewed optimism.

SOCIAL SALVATION

Gaming can be an incredibly social activity. When playing online with trusted friends, what usually start out as chats specifically about the game can often develop into conversations about school and life. Even if they've had a bad day, simply knowing that a friend is there, on the other end of their headset, can provide young gamers with a sense of security and some welcome laughs.

TEAMWORK MAKES THE DREAM WORK

In many online games, teamwork is crucial to winning. Often, people who are struggling with their mood tend to feel like they fall or let others down a lot. Working as a team with trusted friends or family in a game can reinforce a young person's self-importance: striving for a common goal and succeeding together can remind them that they're an integral part of something bigger.

REAL-WORLD RELATABILITY

Because many major releases are shooting or action games, when some people hear "gaming" they think of guns, explosions and violence. What's less recognised is how many titles explore relatable issues such as overcoming anxiety or coping with grief. These games allow young players to understand their emotions more deeply and realise they aren't alone in how they might be feeling.

A DIGITAL COMFORT

Video games can provide a reliable constant. No matter what happens in school or between friends, playing a favourite game is something that youngsters can look forward to all day and can help them de-stress. Let's not forget, games are fun – and, when approached safely, an interactive activity in which the player has a degree of control over what happens next. Our brains feel immensely reassuring.

PROBLEM-SOLVING PRACTICE

It can be difficult for young people to handle the feeling that nothing is going right or that their problems are insurmountable. Gaming can help a levitate that by presenting challenges to be overcome, either solo or alongside trusted friends. Defeating a powerful monster or solving a tricky puzzle reinforce young gamers that even the most daunting obstacles can be faced and conquered.

THE GREAT ESCAPISM

A certain amount of escapism – allowing us to temporarily park some stress while exploring a world other than our own. For children, gaming can be like reading a novel or watching a film: a moment in the day when the fantastical becomes real. Bring their imagination and immerse them in a story. Who wouldn't want to venture to the stars? Or battle monsters to save the planet?

TRIED & TRUSTED

There can be reassurance in repeating tasks. It often promotes a controlled outcome, which is ideal when life feels overwhelming or out of control. Repeating an experience, such as playing the same level of a game over and over to perfection, gives the player a sense of control and familiarity: it's like listening to a favourite song that always makes you feel happy or confident.

ENCOURAGING CREATIVITY

Inventiveness is a huge part of many modern games. In Minecraft and Roblox, for example, players regularly dream up amazing structures or new ways to play. Using our imagination to create something (whether digitally or physically) is massively beneficial for the brain: that's why Lego is sometimes used in the medical sector as both a stress reliever and a brain injury rehabilitation tool.

Meet Our Expert

Daniel Upcombe is a writer who specialises in technology, video gaming, virtual reality and Web3. Author of 15 guidesbooks for children on games such as Fortnite, Apex Legends, Valorant, Doodle and Roblox, his work has also been published in the likes of PC Games, Kotaku, Pocket Gamer and VICE.



#WakeUpWednesday

Health Information

Health Protection Advice Measles

Cases of measles are increasing in the UK, including in the West Midlands, and it's likely that there will be cases in Telford in the near future.

Measles can have serious and sometimes fatal consequences, so make sure your children are up to date with MMR vaccinations, and ask your GP about catch-up jabs if needed. The MMR vaccine is highly effective at protecting against measles.

If you are concerned that your child has measles, please call your GP in the first instance, to reduce the risk of passing the disease to others in the waiting room.

More information on measles can be found and information on the MMR vaccine can be found by following the links below.

[Measles - NHS \(www.nhs.uk\)](http://www.nhs.uk)
[MMR \(measles, mumps and rubella\) vaccine - NHS \(www.nhs.uk\)](http://www.nhs.uk)

Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about managing infectious diseases. These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery each day your child is absent unless the school or nursery agrees a different arrangement. You must let the school or nursery know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let the school office know.

[Is my child too ill for school? - NHS \(www.nhs.uk\)](http://www.nhs.uk)

Shropshire and Telford and Wrekin Dental Advice Line

Do you have an urgent dental problem or need dental advice?



Are you looking for an NHS dentist for routine care?

Monday to Friday
0800-2100

01743 237916

Shropshire Community Health NHS Trust

Telford Public Health Nursing Service



Healthy you, Healthy Future
Telephone Number 0333 358 3328

Text 07520 619 053

School nurse 07520 619 051
Follow on twitter @ShropPHNurse **Open**
9am-4.30pm excluding bank holidays

Advice for Chicken Pox

Chickenpox is usually a mild illness and children usually get better by themselves. Children with chickenpox should stay off school for at least five days from onset of rash and until all the lesions have crusted over.

Children who have had chickenpox recently may develop complications if they also catch scarlet fever. Parents should remain vigilant for symptoms in children who have had chickenpox such as:

- a persistent high fever
- the skin around chickenpox blisters becoming red, hot or painful (signs of infection)
- joint pain and swelling
- your child's symptoms not improving or getting worse.

Sports Newsletter

March 2024

Biggest Ever Football Session



On Friday 8th March we will be taking part in the 'Biggest Ever Football session' across school. Throughout the day the children will be practising and developing their footwork skills when moving, aiming and passing a football.

As we will be participating in football games throughout the day, children are being asked to come to school in PE kit/sport wear. Please ensure your child wears leggings or jogging bottoms and trainers if possible as some activities may take place outside.

Did you know?

Children need to be physically active for 60 minutes a day, with 30 minutes of that activity taking place outside of school.

Click [here](#) to access activities you can do at home to inspire children to move more out of school hours!



Events

Biggest Ever Football session	8 March 2024
Big Walk and Wheel	11-22 March 2024
Football Festival (Year 2)	13 March 2024
National School Sports Week	17-24 June 2024
Fun Sports Day	21 June 2024

Kickstars Sporting sessions in the community

Kickstars Football is committed to providing your child with an enjoyable, fun experience at every lesson. Team Kickstars has years of coaching experience to provide a combination of football fundamentals with social skills such as teamwork, taking instruction, communication, listening, sharing, and much more! It supports children with achieving their early years learning objectives by encouraging numbers, colours, coordination, and balance

You can book a FREE taster session at their venue in Telford. To find out more please use the link below:

www.kickstarsfootball.co.uk



CRAFT WITH NUMBERS AND PATTERNS

Start Date: Tuesday 5 March 2024
End Date: Tuesday 19 March 2024
Start time: 9:15-11:45am
Duration: 3 weeks
Location: Donnington Community hub, TF2 7RB

**FREE
course**

Maths is embedded into everything we do, including crafts!
Come along to this **FREE** informal course and try some
craft activities that involve numbers and patterns.
All the materials will be provided on this course.
Eligibility: Adults aged 19+.



SCAN ME

BSAT & The Linden Centre Coffee Mornings/ Evening

Please come and join us for a cuppa, a slice of cake and a chat!

The BSAT Team are keen to hear your suggestions of how we can further support our students and their families.

We would also like to support parents/carers and our young people to better understand school systems, exclusion, procedures and signpost the different support agencies that are available.

We look forward to seeing you.

The BSAT Team

@ The Linden Centre

Oak Road
Overdale
Telford
TF3 5BT

BSAT Coffee Dates:

Wednesday 27th September
Wednesday 15th November
Wednesday 17th January
Wednesday 28th February
Wednesday 17th April
Wednesday 12th June

9.00 - 10.30am & 5.00 - 6.30pm



Improve your digital skills

You can accomplish so much with computers and the internet: from applying for jobs, to staying in touch with loved ones.

Join our new skills sessions

Digital skills

Includes how to communicate on computers, creating and storing files and staying safe online

Microsoft Powerpoint

Learn how to use this tool as an effective communication tool used to help visually engage with your audience by adding images and interactivity

Microsoft Word

Create professional quality documents such as letters, reports and resumes using a range of templates and tools

Microsoft Excel

Learn to use spreadsheets where you can input data and analyse information

Get in touch to find out more
employability@telfordcollege.ac.uk



Taster Sessions

Book onto one of our taster sessions and gain new skills

- Business admin
- Engineering
- Construction
- Education & early years
- Pre-access to higher education
- Getting that job

Try our
new short
courses



- Autism awareness
- Children & young people's mental health
- Introduction to bookkeeping
- Team leading
- Mental health in the workplace

Get in touch to find out more
employability@telfordcollege.ac.uk





FREE COURSE*

Children and Young People's Mental Health

Increase your knowledge and understanding by learning strategies to support children and young people's mental health.

01952 642554

employability@telfordcollege.ac.uk

Sign up today

Sessions held at
11 Tan Bank Wellington TFI 1HJ

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Distance Learning

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Level 2 - 12 Week Courses

Available to any adult 19+

- Awareness of Mental Health Problems
- Business Administration
- Children & Young People's Mental Health
- Counselling Skills
- Customer Service
- Data Protection & Data Security
- Dementia Care
- Dignity & Safeguarding in Adult Health & Social Care
- Equality & Diversity
- Introducing Caring for Children and Young People
- Improving Personal Exercise, Health & Nutrition
- Information Advice & Guidance
- Mental Health First Aid & Mental Health Advocacy in the Workplace
- Working with Individuals with Learning Disabilities
- Principles of End of Life Care
- Safe Handling of Medication
- Specific Learning Difficulties
- Principles of Team Leading
- Understanding Autism
- Understanding Behaviour that Challenges
- Understanding Domestic Abuse
- Understanding Nutrition & Health
- Understanding Safeguarding & Prevent
- Working with People with Mental Health Needs
- Workplace Violence & Harassment
- Understanding Menopause in the Workplace
- Introduction to Neuroscience in Early Years

Level 3 - 16 Week Courses

Available to any adult 19+ who doesn't have a level 3 qualification or anyone on benefits or with a salary below yearly national minimum wage (23+)

- Principles of Dementia Care
- Understanding Autism
- Understanding Mental Health
- Certificate or Diploma in Leadership & Management



For more information please contact the team on **01952 642335** or email us distancelearning@telfordcollege.ac.uk

ENHANCE YOUR CAREER

Free online courses

Certain postcodes excluded, available to anyone aged 19+

TELFORD COLLEGE Ofsted Good Provider



Adult Care
Early Years
Teaching Assistant
Playwork
Residential Childcare



Fully Funded Remote Diplomas

What is a remote diploma?

These remote diplomas are specifically designed to help you gain a level 3 qualification in 12 months.

Who can apply?

- Suitable for those with experience in the sector aged 19+
- Someone with excellent time management and organisational skills

What are the benefits?

- Remote access to resources, tools and recorded content
- Self-study at a time to suit you
- Time to reflect on practice
- Time to reflect on experiences in your area of work
- Weekly support and guidance from an assessor
- Assignments completed and uploaded online
- Employer and employee lead

Get in touch to find out more

employability@telfordcollege.ac.uk